

# Winterset Waves



## CORONAVIRUS ISSUE

As the novel form of coronavirus 2019 (COVID-19) becomes more widespread, and the state and local governments recommend or mandate restrictions on person-to-person interactions, we want to share important information with you about our efforts to help keep our residents, guests, and team members safe and healthy.

### **Commitment to Our Residents & Guests**

As part of our effort to help stop the spread of COVID-19 by practicing social distancing, Management made the difficult decision to close the Activity Center, swimming pool, and shuffleboard and tennis courts. Additionally, the Activity Board mandated that all inside and outside organized activities be suspended to avoid the congregation of individuals.

### **Commitment to Cleanliness**

Cleanliness is always a priority and the common areas are cleaned daily as part of our normal routine. Over the past few weeks, we have increase the frequency and the extent of the cleanings to include disinfecting all touched objects and surfaces several times a day. Every effort is being extended to help eliminate unintentional contact with COVID-19.

### **Safety of Others**

Incoming residents and visitors from affected areas, such as New York, New Jersey, Connecticut, Louisiana and international destinations, must self-quarantine for 14 days. In addition, should anyone in the Resort test positive for COVID-19, they must notify the Office of their circumstance, and self-quarantine for 14 days or until the risk of spreading the infection passes.

### **Keeping Informed**

All of these effort are intended to “flatten the curve” but as of this writing, the number of infections are continuing to rise. We are closely monitoring the [Centers for Disease Control and Prevention \(CDC\)](#), [floridahealthcovid19.gov](#) and [World Health Organization’s](#) statements and websites for new advisories regarding COVID-19. We thank you for your support and cooperation during these unprecedented times.

March 16, 2020

Dear Residents,

As you are aware, COVID19, or the corona virus is causing great disruptions around the world. At this time there are **NO KNOWN OR SUSPECTED** cases of the corona virus in your community.

Please be assured that the community leadership (HOA, Activities Committees, Newby Management as well as on site management & staff) are working in conjunction to monitor information provided from the Centers for Disease Control (CDC) and Florida Department of Health. We will continue to evaluate our response to this ongoing health emergency as well as take any and all necessary safety precautions as directed by the authorities.

Those with respiratory or other health complications or those that live with someone who has health challenges are discouraged from attending large public events or social gatherings. Please review and follow CDC guidelines.

If you or someone you have come into contact with has exhibited any of the symptoms associated with the corona virus, PLEASE STAY HOME AND LIMIT YOUR CONTACT WITH OTHERS except to seek necessary medical attention.

Due to this unique circumstance; the close quarters of the clubhouse and out of an abundance of caution, the risk involved to seniors and the possibility of social interaction spreading the virus, management has decided to close the clubhouse for all future meetings and social functions, as well as the pool, and all other activities in the park until further notice. We are also asking that you limit your visits to the office unless absolutely necessary. Please utilize the phone whenever possible.

Please continue to take every precaution to keep you and your family safe. Avoid large gatherings, wash hands frequently, sanitize often touched surfaces, and avoid touching hands to your face.

If you have any questions please feel free to contact the community manager at the community office.

Thank you for your understanding,

John Hall

Newby Management

Director of Property Management

# Older Adults

**Older adults, 65 years and older, are at higher risk** for severe illness. COVID-19 is a new disease and we are learning more about it every day.

What you can do

- **Stay home.**
- **Wash your hands** often.
- **Avoid close contact** (6 feet, which is about two arm lengths) with people who are sick.
- **Clean and disinfect** frequently touched surfaces.
- **Avoid all cruise travel** and non-essential air travel.

**Call your healthcare professional if you have concerns** about COVID-19 and your underlying condition or if you are sick.

## Stress and coping

Older people are at higher risk for severe illness from COVID-19 which may result in increased stress during a crisis.

Fear and anxiety about the COVID-19 pandemic can be overwhelming and cause strong emotions.

Things you can do to support yourself:

- **Take breaks from watching, reading, or listening to news** stories and social media. Hearing about the pandemic repeatedly can be upsetting.
- **Take care of your body.** Take deep breaths, stretch, or meditate. Try to eat healthy, well-balanced meals, exercise regularly, get plenty of sleep, and avoid alcohol and drugs.
- **Make time to unwind.** Try to do some other activities you enjoy.
- **Connect with others.** Talk with people you trust about your concerns and how you are feeling.
- **Call your healthcare provider if stress gets in the way** of your daily activities for several days in a row.
- **If you, or someone you care about, are feeling overwhelmed** with emotions like sadness, depression, or anxiety, or feel like you want to harm yourself or others call 911, Substance Abuse and Mental Health Services Administration's (SAMHSA's) or Disaster Distress Helpline: 1-800-985-5990 or text TalkWithUs to 66746. (TTY 1-800-846-8517)

# Symptoms

Symptoms of COVID-19 can range from mild symptoms to severe illness and death. Symptoms may **appear 2-14 days after exposure**.

Watch for **fever, cough, and shortness of breath**.

## 8 out of 10 deaths reported in the U.S. have been in adults 65 years old and older



Among adults with confirmed COVID-19 reported in the U.S.:

- Estimated percent **requiring hospitalization**
  - 31-70% of adults 85 years old and older
  - 31-59% of adults 65-84 years old
- Estimated percent requiring **admission to intensive care unit**
  - 6-29% of adults 85 years old and older
  - 11-31% of adults 65-84 years old
- Estimated percent **who died**
  - 10-27% of adults 85 years old and older
  - 4-11% of adults 65-84 years old

SOURCE: <https://www.cdc.gov/coronavirus/2019-ncov/need-extra-precautions/older-adults.html>

THE PRESIDENT'S **CORONAVIRUS GUIDELINES** FOR AMERICA

# 30 DAYS TO SLOW THE SPREAD

Listen to and follow the directions of your **STATE AND LOCAL AUTHORITIES**.

**IF YOU FEEL SICK**, stay home. Do not go to work. Contact your medical provider.

**IF YOUR CHILDREN ARE SICK**, keep them at home. Do not send them to school. Contact your medical provider.

**IF SOMEONE IN YOUR HOUSEHOLD HAS TESTED POSITIVE** for the coronavirus, keep the entire household at home. Do not go to work. Do not go to school. Contact your medical provider.

**IF YOU ARE AN OLDER PERSON**, stay home and away from other people.

**IF YOU ARE A PERSON WITH A SERIOUS UNDERLYING HEALTH CONDITION** that can put you at increased risk (for example, a condition that impairs your lung or heart function or weakens your immune system), stay home and away from other people.



For more information, please visit  
**CORONAVIRUS.GOV**

# DO YOUR PART TO SLOW THE SPREAD OF THE CORONAVIRUS

Even if you are young, or otherwise healthy, you are at risk and your activities can increase the risk for others. It is critical that you do your part to slow the spread of the coronavirus.

Work or engage in schooling **FROM HOME** whenever possible.

**IF YOU WORK IN A CRITICAL INFRASTRUCTURE INDUSTRY**, as defined by the Department of Homeland Security, such as healthcare services and pharmaceutical and food supply, you have a special responsibility to maintain your normal work schedule. You and your employers should follow CDC guidance to protect your health at work.

**AVOID SOCIAL GATHERINGS** in groups of more than 10 people.

Avoid eating or drinking at bars, restaurants, and food courts — **USE DRIVE-THRU, PICKUP, OR DELIVERY OPTIONS.**

**AVOID DISCRETIONARY TRAVEL**, shopping trips, and social visits.

**DO NOT VISIT** nursing homes or retirement or long-term care facilities unless to provide critical assistance.

**PRACTICE GOOD HYGIENE:**

- *Wash your hands, especially after touching any frequently used item or surface.*
- *Avoid touching your face.*
- *Sneeze or cough into a tissue, or the inside of your elbow.*
- *Disinfect frequently used items and surfaces as much as possible.*

**CORONAVIRUS.GOV**

School operations can accelerate the spread of the coronavirus. Governors of states with evidence of community transmission should close schools in affected and surrounding areas. Governors should close schools in communities that are near areas of community transmission, even if those areas are in neighboring states. In addition, state and local officials should close schools where coronavirus has been identified in the population associated with the school. States and localities that close schools need to address childcare needs of critical responders, as well as the nutritional needs of children.

Older people are particularly at risk from the coronavirus. All states should follow Federal guidance and halt social visits to nursing homes and retirement and long-term care facilities.

In states with evidence of community transmission, bars, restaurants, food courts, gyms, and other indoor and outdoor venues where groups of people congregate should be closed.

# Economic impact payments:

IRS-2020-61, March 30, 2020

WASHINGTON — The Treasury Department and the Internal Revenue Service today announced that distribution of economic impact payments will begin in the next three weeks and will be distributed automatically, with no action required for most people. However, some seniors and others who typically do not file returns will also receive the stimulus payment.

People who typically do not file a tax return will need to file a simple tax return to receive an economic impact payment. Low-income taxpayers, senior citizens, Social Security recipients, some veterans and individuals with disabilities who are otherwise not required to file a tax return will not owe tax.

[IRS.gov/coronavirus](https://www.irs.gov/coronavirus) will soon provide information instructing people in these groups on how to file a 2019 tax return with simple, but necessary, information including their filing status, number of dependents and direct deposit bank account information.

Check [www.irs.gov](https://www.irs.gov) for the latest information:

## Stores offer shopping time for vulnerable customers amid coronavirus: Publix, Winn-Dixie and Walmart

Some retailers are setting aside time for their most vulnerable customers to shop. Acknowledging that older adults and persons with underlying health conditions are more susceptible to COVID-19, a growing number of stores are dedicating time or opening earlier for senior shoppers and other at-risk groups.

Publix announced its stores would be dedicating Tuesday and Wednesday mornings from 7 a.m. to 8 a.m. for customers aged 65 and over beginning on Tuesday, March 24.

Southeastern Grocers, which owns all Winn Dixie stores, announced it would be making some schedule changes. 8 a.m. to 9 a.m., Monday through Friday will be a special shopping hour dedicated to seniors and high-risk customers in all stores.

Walmart stores have adjusted their operating hours to 7 a.m. until 8:30 p.m. (stores that open later than 7 a.m. will keep their regular starting hours) to allow staff to restock shelves and conduct cleaning. Beginning on March 24 until April 28, stores will dedicate one hour before opening time to customers aged 60 and older every Tuesday. That means that if the store is scheduled to open at 8 a.m., those who are over 60 can start shopping at 7 a.m., before it opens to the general public.

# SYMPTOMS OF CORONAVIRUS DISEASE 2019

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms\* can include

FEVER



COUGH



\*Symptoms may appear 2-14 days after exposure.

SHORTNESS OF BREATH



Seek medical advice if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19.



[cdc.gov/COVID19-symptoms](https://cdc.gov/COVID19-symptoms)



# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



[cdc.gov/COVID19](https://www.cdc.gov/COVID19)

## Subject: Coronavirus hotline

New health hot lines are available for residents of Manatee County to help answer any questions about the coronavirus and serve as a first stop before residents go to their doctor's office.

"Calling the health department ahead of time allows us to coordinate with the health care system to assure appropriate infection control measures in our community," Manatee Health Officer Dr. Jennifer Bencie said. "It also meets the guidelines laid out in Section 3 of the statewide Declaration of Public Health Emergency issued on March 1."

Experts are available from 8am until 5pm, Monday through Friday by calling 941-242-6649. They'll be able to interview callers to determine if they're at risk for having coronavirus.

The State Department of Health is also running a hotline for anyone who believes they may have coronavirus. If it's after-hours, call 866-779-6121.

That line is in operation 24 hours a day, 7 days a week.



## April Yard of the Month

We congratulate Joy Clarkson, Lot 107, winner of April, 2020 "Yard of the Month" Award. She will receive a \$25 gift card to Home Depot and a plaque placed in her yard for the month.

# Homes for Sale at Winterset

 <p>Lot 155 1983 \$18,500</p>	 <p>Lot 21 1991 \$34,000</p> 
 <p>Lot 92 2005 \$39,900</p> 	 <p>Lot 76 1984 \$14,900</p> 
 <p>Lot 181 2006 \$52,900</p>	 <p>Lot 171 1987 \$44,000</p>
 <p>Lot 104 1985 \$27,500</p>	<p><b>NEW HOMES</b></p> 
 <p><b>PRE-OWNED HOMES</b></p>	 <p>Lot 141 2019 Chariot Eagle \$67,900.00 <b>Move in ready</b></p>
	 <p>Lot 206 2018 Chariot Homes \$64,900.00 Move in ready</p> 
 <p>Lot 146 2019 Chariot Eagle \$67,900.00 <b>Move in ready</b></p>	<p><b>WANT TO SEE THESE HOMES? Call Barbara to schedule a showing! 941-962-6260</b></p>

## NEWBY REALTY - COVID-19 Policy

Our Country is in an unprecedented time during the COVID-19 pandemic. The following policy and guidelines will be used until updated:

**Prior to showing any homes** – We will be conducting the following health survey with the prospect:

**Are you experiencing any of the following symptoms: Fever greater than 100.4, cough, or shortness of breath.**

**Have you traveled to areas recently impacted by COVID-19 or been on a cruise within the last 14 days? If yes, Where?**

**Have you been exposed to a person with a lab confirmed diagnosis of Corona Virus?**

### **Showing of homes-**

New homes (never occupied) can be shown.

Pre-owned homes can be shown if the home has NOT been occupied within the past 15 days.

**Listing of homes** – At this point in time we will not be actively accept listing of homes in person. If a person emails or calls and wants to list the home, we will only accept the listing via email or DocuSign after the home has been vacant for 15 days.

**Sales Team Personal Safety** – Safety is our highest priority. We are allowing the individual salesperson the right to NOT show any homes without any ramifications and no strings attached. When homes are shown, hard surfaces, door knobs, light switches, etc. will be wiped prior to the showing. We will want to use the 6-foot social distancing guideline, use hand sanitizer before, during and after the showing, and if the prospect sign something, they will need to use their own pen for signing.

As matters come to the surface over the next several weeks or months, our commitment is to deal with them as promptly as we can. Thank you for your patience and assistance.

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# SALES TAX

## \$ EVENT! \$

Close on any new home prior to  
April 31st and pay no **SALES TAX!**

# April

*Happy Anniversary*

<i>Cecil &amp; Mary Alice Downing</i>	<i>April 3, 2011</i>
<i>John &amp; Rosemary Pothier</i>	<i>April 5, 1964</i>
<i>Jack &amp; Jan Tallman</i>	<i>April 14, 1963</i>
<i>Edward &amp; Barbara Ploy</i>	<i>April 19, 1958</i>
<i>Jim &amp; Ann Dunlop</i>	<i>April 19, 1969</i>
<i>Paul &amp; Shirley Pothier</i>	<i>April 20, 1963</i>
<i>Dave &amp; Beverly Kolkemeyer</i>	<i>April 30, 1960</i>

*Happy Birthday*

# April

3	Sandra Milke	13	Sharon Dunlap	21	Bob Mauritzen
4	Randy Barker	14	Jerry Schuman	22	Leo Langlois
5	Eddie Huff	16	Judy Flowers	24	Karen Kostelyk-Johnson
6	Florent Gosselin	16	Alene Loudermilk	25	Lillian Ball
7	Cheryl DeFrance	18	Helen Lanthier	25	Doreen Lacroix
7	Leah Vanderploeg	19	Nancy John	26	Tess Sparacino
8	Judith Audritsh	19	Joseph Planavsky	27	Bradley Gee
8	Rose Parsons	20	Mitchell Thompson	27	Jack Tallman
11	Diane Steinert	21	Darrell Anderson	28	Jane Cameron
13	Carol Coons	21	Linda Desiato	28	Charlie Hunt
				29	John Windsor

## Skinny Parmesan

The same great taste of the Italian favorite, but with fewer calories and less fat!

Minutes to Prepare: 10

Minutes to Cook: 20

Number of Servings: 2

### Ingredients

12 ounces white meat chicken (one double breast)

1 tbsp. grated Parmesan cheese

1/4 cup Italian-style bread crumbs

1 tsp garlic powder

1 tbsp. onions, dried

Crushed red peppers if desired

1 -2 tbsp. olive oil



### Directions

Cut the chicken breast horizontally (filet it) so you will end up with two thin pieces.

Rub each piece with olive oil.

Mix dry ingredients together and pat each piece with the crumb mixture until well covered.

Bake at 375°F for about 20 minutes.