

# Winterset Waves



## ***Thanksgiving, November 26***

We gather on this day to be thankful for what we have, for the family we love, the friends we cherish, and for the blessings that will come. May your blessings be multiplied this year and throughout all your life.

**Happy Thanksgiving!**



## November Yard of the Month

We congratulate Joe and Linda Sardo, Lot 169, winners of November, 2020 "Yard of the Month" Award.

They will receive a \$25 gift card to Home Depot and a plaque placed in their yard for the month.

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### Healthy Recipes - Roasted Asparagus

Number of Servings: 4

#### Ingredients

2 lbs. fresh asparagus - washed and trimmed  
1 tbsp. extra virgin olive oil  
2 tsp minced garlic  
coarse salt - to taste  
Lemon wedges

#### Directions

Toss asparagus with olive oil and garlic in a gallon sized zip-lock bag. Spread in single layer on pam sprayed cookie sheet. Roast 450 - 13-17 min. Till edges of asparagus start to brown. Sprinkle with salt and fresh lemon juice before serving.

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## Wednesday Coffee and Meetings have started again!

Winterset RV Resort is back to having their Wednesday Morning meeting starting at 8:30 a.m. Due to the pandemic, protocol for handling coffee and pastries is being followed. Please wear a mask and social distance until you are seated.

Posted on Facebook Nov.2, 2020

## Good Morning Winterset!

We have made it to the kickoff month to the Winter Season. Not sure what kind of season we will have. Here is the November calendar. It may change as we go. Wednesday coffee and meetings have started. We are going to try and "serve" coffee and pastries this week. It is a trial. We have a Food Safety Committee who are looking at all future events. Fall Festival has been cancelled. Veterans Day will go on as planned. A continental breakfast is planned by Food Safety Committee. If other routine activities would like to start in November, notify the board and a safety form will be provided to the event coordinator.

We are in challenging times with new rules and concerns. But, we are seeing many friends and neighbors arriving and that is a "good" thing.

Randy

Scheduler, Winterset Activities Committee

November 2020						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
<b>1</b>	<b>2</b> 1P Crafts & Quilts	<b>3</b> 7P Cards & Games	<b>4</b> 8:30A C.C. & Act.Mtng.	<b>5</b> 7P Cards & Games	<b>6</b>	<b>7</b> 7P Cards & Games
<b>8</b>	<b>9</b> 1P Crafts & Quilts	<b>10</b> 7P Cards & Games	<b>11</b> 9A Veteran's Day Ceremony & Continental Bkfst	<b>12</b> 7P Cards & Games	<b>13</b>	<b>14</b> 7P Cards & Games
<b>15</b> 10A Church Service	<b>16</b> 1P Crafts & Quilts 7P Fun Shuffle	<b>17</b> 7P Cards & Games	<b>18</b> 8:30A C.C. & Act.Mtng 10A Kayaking 1P Fun Shuffle	<b>19</b> 8:30A Motor Scooters 8:45A Golf 10A Wood Carving 7P Cards & Games	<b>20</b> 1P Fun Shuffle	<b>21</b> 7P Cards & Games
<b>22</b> 10A Church Service	<b>23</b> 1P Crafts & Quilts 7P Fun Shuffle	<b>24</b> 7P Cards & Games	<b>25</b> 8:30A C.C. & Act.Mtng. 10A Kayaking 1P Fun Shuffle	<b>26 Thanksgiving</b>  11A Set up for Dinner??? 3P Thanksgiving Dinner??? 7P Cards & Games	<b>27</b> 1P Fun Shuffle	<b>28</b> 7P Cards & Games
<b>29</b> 10A Church Service 2P Decorate Hall for Christmas Season	<b>30</b> 8A Exercise 9A Pickleball 10A Dart Ball 1P Crafts & Quilts 1P Horseshoes 7P Fun Shuffle		See Scheduler to make any changes to dates or times or to add/delete any events.			

## Homes for Sale at Winterset



Lot 24

1994

\$34,900



**Pending**



Lot 104

1985

\$27,500



Lot 162

1B/1B—Upgrades throughout! New windows, step in shower, new floors, and more!

\$52,000



**PRE-OWNED HOMES**

**NEW HOMES**



Lot 141

2019 Chariot Eagle

\$67,900.00

**Move in ready**

**Coming soon to Lot 50**

Loft-style home with many extra options. Home will have a front porch.

**\$72,900.00**



**WANT TO SEE THESE HOMES NOW?  
Call Barbara to schedule a showing!  
941-962-6260**

Happy Anniversary

Happy Birthday

Happy Birthday

[illegible]



## **For Your Health - Tips for creating and maintaining healthy habits during COVID-19.**

In a world where it seems everything in our normal daily life has changed in a very short period, it can feel like we are out of control. It is important at times like this that we stop and be mindful of creating or maintaining healthy habits with focus on controlling those things that we can. Here are a few tips to consider.

**Have a good sleep schedule.**

Maintaining a regular sleep schedule, particularly during times of high stress, is vital to our physical and mental health. Sleep helps boost your immune function, improve focus, control your mood, and increase resistance to stress. If you don't usually get 7-8 hours of sleep, now is a great time to start making it a habit!

**Maintain healthy eating habits and stay hydrated.**

Having healthy eating habits is crucial, but can be especially difficult when the refrigerator is only a few steps away. Try to stay on a normal eating schedule and avoid unnecessary snacking. You might be someone that is used to constantly being on the go, so now is a great time to slow down, try that new recipe, and get creative. Don't forget about getting adequate hydration throughout the day.

**Create boundaries for yourself.**

Many of us are in situations where you find your work life and home life have morphed into one. It's important to create or continue work life balance and create boundaries. This includes both physical and mental boundaries. Your workspace should not be in the same place you sleep. You should try to adhere to clear set start and stop work times (as much as you can control) to allow yourself time to refresh, reboot and separate yourself from your work day.

**Keep a daily routine.**

Your normal daily routine may look completely different from your current one. Regardless, having a schedule and routine is great for creating better focus on tasks and allowing for better management of your time. It also helps maintain self-discipline, and creates self-accountability.

**Socialize.**

It's common to feel isolated during these times. That's why now more than ever, it's important to continue communication with friends and family. There are several different virtual options to accomplish this. You can schedule daily or weekly phone calls, or if you have access to a smartphone or computer, use video chat services like FaceTime, Zoom, Google Hangouts, or Skype. Maintaining your normal social infrastructure and staying connected with friends and family is vital to your mental health.

**Take time for positive reflection.**

Honest reflection is important in times like this. When things feel heavy it is important to focus on continued successes, find things that bring you joy and reward yourself. Remember, sometimes success is in the small things in life!

## LAWN MAINTENANCE

Winterset has contracted with Jack's Landscaping for grounds maintenance services. Here are some details:

**SERVICES PROVIDED:** Lawn mowing, Street & Sidewalk Edging, String Trimming & Clean-Up.

**MOWING SCHEDULE:** Contract is for 34 times per year: meaning every week from April 1<sup>st</sup> to October 1<sup>st</sup>. Every other week from October 1<sup>st</sup> to April 1<sup>st</sup>.

**HARD EDGING:** Bi-weekly during growing season.

**SPRAYING SCHEDULE:** Parameter spraying around homes as needed.

**NO MOW Lists:** Sign-up sheets in John's Pass. Let Office know of any additions or deletions.

**NO SPRAY List:** Sign-up sheets in John's Pass. Let Office Know of any additions or deletions.

### EXCLUSIONS:

Mowers and trimmers will stay a minimum of 6-inches away from yard lights, ornaments, hoses and skirting, due to liability issues. The crew will NOT move or rearrange those items.

Resident-Home flowerbed weeding is not included. It is the Homeowner's responsibility.

Please direct all questions or comments to the Winterset Management. The lawn crew will only take instructions from Management.



## Highlights from Novembers past

[November 3, 1956](#) – The Wizard of Oz was shown on television for the first time, on CBS. Although a moderate success when released theatrically in 1939, it is now recognized as the most-watched film in television history.

[November 10, 1951](#) – The first direct-dial, coast-to-coast telephone service in North America began as Mayor M. Leslie Denning of Englewood, NJ called Mayor Frank Osborn in Alameda, CA.

[November 16, 1965](#) – Walt Disney launched Epcot Center: Experimental Prototype Community of Tomorrow.

[November 25, 1920](#) – The Philadelphia Thanksgiving Day Parade is the oldest in the US, starting on this date.

“November always seemed to me the Norway of the year.”

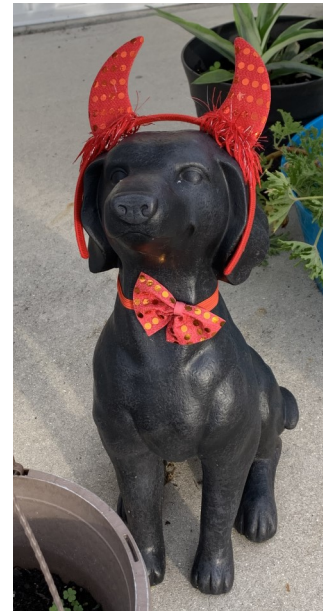
– Emily Dickinson



Fall arrives at  
Winterset!







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Goodbye leaves, Goodbye scary ghosts  
It's time for a Blessed November  
Happy Veterans Day and Thanksgiving too  
Family and Friends to remember